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CONTACT:

Jonathan Nelson
Texas Academy of Family Physicians
(512) 329-8666 ext. 126
jnelson@tafp.org

Troy T. Fiesinger, MD, FAAFP, named Texas Family Physician of the Year

THE WOODLANDS, TEXAS — Troy T. Fiesinger, MD, FAAFP, of Houston, Texas, has been awarded the highest honor among Texas family doctors by the Texas Academy of Family Physicians. He was named the 2021 Texas Family Physician of the Year during TAFP’s Annual Session and Primary Care Summit in The Woodlands on Nov. 6. Each year, patients and physicians nominate extraordinary family physicians throughout Texas who symbolize excellence and dedication in family medicine. A panel of TAFP members chooses one as the family physician of the year.

Fiesinger has been a family physician for over 20 years, and currently practices at Village Medical in Houston. There, he also serves as Medical Director for both Care Management and their house call program, is a member of the Physician Executive Council, and a member of the Clinical Outcomes Committee.

It takes a very specialized skillset to work in both clinical and administrative roles, and he manages to thrive in both. Not only is he a compassionate and caring family physician in the exam room, but his many administrative roles over the years have allowed him to engage with and educate providers across greater Houston.

Throughout his years in organized medicine, he has served on many committees, commissions, and councils for both TAFP and AAFP, and was TAFP President in 2012. He is a Delegate to the AAFP Congress of Delegates and the TMA Interspecialty Society Committee. He’s often called on to testify at legislative hearings and help TAFP advance its advocacy goals.

Even though he dedicates so much time and energy to his many administrative roles, he has managed to foster trusting relationships with hundreds of patients, many of which have persisted more than a decade, even across a change in practice setting.

“It’s really amazing being named family physician of the year,” Fiesinger said. “And [being nominated] by your home county... Anything I know about leadership and the roles they described I learned from everyone in this room.”

Family physicians like Fiesinger are qualified to work in all major medical areas and trained to treat more than 90 percent of all cases they encounter. Family physicians care for patients of all ages.

The Texas Academy of Family Physicians is the premier membership organization dedicated to uniting the family doctors of Texas through advocacy, education, and member services, and empowering them to provide a medical home for patients of all ages. It has 32 local chapters and is a chapter of the American Academy of Family Physicians. Visit www.tafp.org for more information.