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CONTACT:

Samantha White
Texas Academy of Family Physicians
(512) 329-8666 ext. 116
swhite@tafp.org

Linda Siy, MD, named Texas Family Physician of the Year

GRAPEVINE, TEXAS — Linda Siy, MD, of Fort Worth, Texas, has been awarded the highest honor among Texas family doctors by the Texas Academy of Family Physicians. She was named the 2022 Texas Family Physician of the Year during TAFP's Annual Session and Primary Care Summit in Grapevine on Oct. 29. Each year, patients and physicians nominate extraordinary family physicians throughout Texas who symbolize excellence and dedication in family medicine. A panel of TAFP members chooses one as the family physician of the year.

"It truly is an honor to join the ranks of those who have received this distinction, and I'm very humbled to be considered with those distinguished colleagues who previously were Family Physicians of the Year," Siy said as she accepted the award.

Siy has been a family physician for over 30 years, and currently practices at John Peter Smith Health Network at the Northeast Medical Home in Tarrant County, a practice she's been a part of since 1995. She is also faculty at the University of Texas Southwestern School of Medicine, the University of North Texas Health Science Center/Texas College of Osteopathic Medicine, and the Texas Christian University Burnett School of Medicine.

Throughout her years in organized medicine, Siy has served on many committees and councils for both TAFP and the American Academy and has been president of the TAFP Foundation since 2017. She serves on the Acclaim Multispecialty Group's Physician Board of Directors, and previously served as president of the Tarrant County Medical Society and TAFP's Tarrant County chapter.

Siy has spent her career in medicine treating her loyal and multi-generational families of patients, many of whom are underserved, suffer from housing and food insecurity, and struggle with mental health and substance abuse. Many of her nominators mentioned her willingness to speak up and ask the questions others are too afraid to ask, as well as her dedication to teaching the next generation of family physicians.

"I think what's kept me in the game for so long at the place where I work now are those rewarding relationships with your patients, with your staff, with your colleagues," Siy said of her career in family medicine. "It's really not a job. It's a calling."

Family physicians like Siy are qualified to work in all major medical areas and trained to treat more than 90 percent of all cases they encounter. Family physicians care for patients of all ages.

The Texas Academy of Family Physicians is the premier membership organization dedicated to uniting the family doctors of Texas through advocacy, education, and member services, and empowering them to provide a medical home for patients of all ages. It has 32 local chapters and is a chapter of the American Academy of Family Physicians. Visit www.tafp.org for more information.