

TAFP FOUNDATION BOARD OF TRUSTEES

Friday, April 10, 2026

1:15 – 2:30 p.m. CT

Nile, Kalahari Resorts and Conventions in Round Rock

AGENDA

1. Call to order by Linda Siy, MD, President.
2. Roll call and introduction of guests/members.
3. Approval of Minutes of meeting on November 15, 2025
4. Current Business
 - A. Family Medicine Resident Scholars program
 - i. Announcement of new scholars
 - B. Financial Report
 - i. Financial reports – Lloyd Van Winkle, MD
 - ii. Investment report – Stephen Benold, MD
 - C. Dharma Wellness Initiative
 - D. Update on travel funding for students and residents
 - E. Research –
 - i. Update on funded research - Richard Young, MD
 - F. Elect Nominating Committee
 - G. Philanthropist of the Year nominations and selection
 - H. Scholarships
 - i. Update on Leon Rothen Scholarship
5. Information Items
 - A. Cumulative Donors and Monthly Donors
 - B. Activities at 2026 Annual Session & Primary Care Summit
6. Other Business
7. Adjourn

1 **TAFP FOUNDATION BOARD OF TRUSTEES**

2 Date: November 15, 2025

3

4 **Members participating:**

5 Adrian Billings, MD, PhD

6 Emily D Briggs, MD, MPH

7 Douglas Curran, MD

8 Lesca C Hadley, MD

9 Rebecca Hart, MD

10 Terrance Hines, MD

11 Shelley Kohlleppel, MD

12 Ashok Kumar, MD

13 Eric Lee, MD

14 Javier D. Margo, MD

15 Mary Suzanne Nguyen, MD

16 Donald Nino, MD

17 David Schneider, MD

18 Puja Sehgal, MD

19 Linda Marie Siy, MD

20 Lloyd Van Winkle, MD

21 Richard Young, MD

22

23 Lane Aiena, MD, Ex Officio

24 Lindsay Botsford, MD, MBA, Ex Officio

25 Jessica Glick, DO, Ex Officio

26 Ikemefuna Okwuwa, MD, Ex Officio

27 Sherri Onyiego, MD, PhD, Ex Officio

28 Rashmi Rode, MD, Ex Officio

29

30 **Others participating:**

31 Kathy McCarthy- Staff

32 Stephen Benold, MD – Investment Advisor

33 Jordan Benold – Investment Advisor

34 Ryan Craig, DO – Resident Scholar

35 Corynne McEachern, DO – Resident Scholar

36

37 **CALL TO ORDER**

38

39 The meeting was held at The Renaissance Dallas Addison Hotel. It was called to order by Dr. Linda
40 Siy at 9:15 a.m.

41

42 **ROUTINE BUSINESS**

43

44 The minutes of the April 4, 2025, meeting were approved without modification.

45

46 **RESIDENT SCHOLARS**

47

48 The newest scholars presented their projects to the TAFP Foundation Board for feedback. Dr. Ryan
49 Craig's project is analyzing prior authorization processes for GLP-1 medications at Methodist
50 Charlton's South Dallas clinic, highlighting challenges with Medicare Advantage plans, and

1 prescription delays. He hopes to analyze patterns and develop best practices to minimize time
2 between prescription being written and patient receiving medication.

3
4 Dr. Corynne McEachern introduced plans for a resident seminar series focused on healthcare policy
5 and advocacy, which aims to strengthen residents' understanding of current policy issues. The series
6 will include quarterly presentations by expert volunteers. She is starting with her residency program
7 but would like to expand to include other residents using a virtual meeting platform.

8 9 **UPDATE ON TRAVEL FUNDING**

10
11 Kathy McCarthy provided an update on travel funding. With two years of the new structure in place,
12 she and Juleah Williams made a few recommendations to provide more structure and guidelines for
13 the travel funding. They will create a travel funding FAQ and include the new guidelines.

14
15 **MOTION: Limit mileage reimbursement to \$300 per conference.**

16 **MOTION: Limit rental car reimbursement for the TAFP Student and Resident Summit to three days**
17 **and specify economy, compact, or mid-sized vehicles for those not being reimbursed for airfare**
18 **unless pre-approved by staff.**

19 **MOTION: Limit lodging reimbursement to two nights at the hotel unless pre-approved by staff.**

20
21 **ACTION: All three motions adopted.**

22 23 **FINANCIAL REPORT**

24
25 Dr. Lloyd Van Winkle presented the draft budget.

26
27 **MOTION: Approve the 2026 fiscal year budget (Addendum 1).**

28 **ACTION: Motion adopted.**

29
30 Dr. Stephen Benold and Jordan Benold presented a report on the TAFP Foundation investments.
31 The annual rate of return was 4.8% for the year from January 1 to October 31. Their
32 recommendation is to rebalance assets to maintain our allocation – 66% US Treasury bills, 13% large
33 cap stocks, 12% AMLP (oil and gas), 8% real estate, and 1% cash.

34 35 **NOMINATING COMMITTEE**

36
37 The Nominating Committee of Drs. Justin Bartos, Ashok Kumar, Lesca Hadley, and Rebecca Hart
38 presented their recommendations for elections.

39
40 **MOTION: Re-elect the following Trustees for another three-year term.**

41
42 Ashok Kumar, MD; Eric Lee, MD; Jake Margo, MD; Donald Nino, MD; and Richard Young, MD

43
44 **ACTION: Motion adopted.**

45
46 **MOTION: Elect the following for a three-year term as Trustees.**

47
48 Tochukwu Noh, MD; Joshua Splinter, MD; Jessica Yao, MD; Lahri Kancharla, MD; Amna Waqar, MD

49
50 **ACTION: Motion adopted.**

1
2 **MOTION: Elect the following officers for one-year terms.**

3
4 President – Linda Siy, MD

5 Vice President – Rebecca Hart, MD

6 Treasurer – Lloyd Van Winkle, MD

7
8 **ACTION: Motion adopted.**

9
10 It was noted that three long-time trustees are rotating off the Board of Trustees. Drs. Dale Moquist,
11 Tim Lambert, and Tim Coleridge were thanked for their years of service.

12
13 **GERIATRICS ENDOWMENT**

14
15 Dr. Dale Moquist sent a letter to the Board of Trustees proposing the creation of a geriatrics
16 endowment to fund geriatrics education at TAFP meetings. With an aging population, the need for
17 this education will continue to grow.

18
19 The consensus was to create an exploratory work group to develop the idea including funding and
20 future use and bring the idea back to the next meeting.

21
22 Dr. Lesca Hadley volunteered to serve on the work group.

23
24 **ANNUAL SESSION ACTIVITIES**

25
26 Dr. Linda Siy discussed the various fundraising and visibility activities at the conference. She thanked
27 everyone who attended the dinner which was designated for student travel. Other activities during
28 the conference include a TAFP Foundation update during the CME, a research grant recipient
29 presenting research, and scholarship recipients and cumulative donors recognized at the awards
30 lunch.

31
32 There was a discussion of the Abstract and how to fill those slots more easily. The suggestion was
33 made to contact family medicine department chairs and ask them to invite faculty or resident to
34 present – noting the difference between an application and an invitation to present with the later
35 being more prestigious and valuable for promotion within academic institutions. Dr. Young noted
36 that residents are no longer required to present research but there may be more appeal for medical
37 students wanting to set themselves apart prior to residency applications. They also discussed the
38 possibility of moving the block of time for the Abstract to Saturday to make it easier for students to
39 participate. The staff will take these ideas into consideration as we prepare for the next annual
40 session.

41
42 **RESEARCH**

43
44 Dr. Richard Young provided an update on research funded by the TAFP Foundation. There were
45 three proposals received for the fall cycle, and all were approved for funding.

46
47 **OTHER BUSINESS**

1 The packet includes a list of 2025 scholarship recipients. It also included the balances of scholarships
2 and endowments. Dr. Siy noted the cumulative and monthly donor reports included in the packet.
3 Dr. Siy thanked all the donors who have risen to new levels.

4
5 Kathy McCarthy shared that the TAFP Foundation received a donation from TAFP's former Executive
6 Director, Jim White, of the sculpture, "Medicine Man" by Jack Stevens given to Jim upon his
7 retirement. There will be a silent auction at the 2026 TAFP Annual Session and Primary Care Summit
8 for the item.

9
10 Meeting adjourned at 10:30 a.m. by Linda Siy, MD.

11 Minutes submitted by Executive Director, Kathy McCarthy.

**Texas Academy of Family Physicians Foundation
FY26 Proposed Operating Budget**

Description	FY23 Actual 31-Aug-23	FY24 Actual 31-Aug-24	FY25 Budget	FY 25 Actual 31-Jul-25	FY26 Budget
General Income					
1 Grants & Scholarships	\$ 80,000	\$ 80,000	\$ 80,000	\$ 80,000	\$ 80,000
2 Designated Gifts- Memorials				\$ 500	
3 Designated Gifts-Resident Trav	\$ 1,050	\$ 1,600	\$ 1,500	\$ 1,140	\$ 1,500
4 Designated Gifts-StudentTravel	\$ 10	\$ 9,700	\$ 12,000	\$ 37,023	\$ 38,000
5 Designated Gifts- General					
6 Undesignated Gifts- General	\$ 44,355	\$ 55,385	\$ 58,000	\$ 50,099	\$ 53,000
7 Research Grants- Designated		\$ 120	\$ 200	\$ 120	\$ 120
8 Resident Scholars	\$ 360				
9 Auction/Event Income	\$ 10,950	\$ 10,100	\$ 24,000	\$ 8,975	\$ 8,500
10 Other Income	\$ 38	\$ 40	\$ 50	\$ 6,340	\$ 2,500
11 Interest and investment income					
12 General investment Income*	\$ 22,000	\$ 20,000	\$ 21,494	\$ 21,494	\$ 21,494
13 Investment Income - Research*	\$ 6,600	\$ 6,713	\$ 7,287	\$ 7,287	\$ 7,433
14 Investment Income - Student Interest*	\$ 7,000	\$ 7,171	\$ 8,240	\$ 8,240	\$ 8,682
15 Investment Income - Resident Leadership*		\$ 2,465	\$ 2,596	\$ 2,596	\$ 2,645
16 Investment income - TAFP Fund*			\$ 40,000	\$ 40,000	\$ 40,751
17 Total General Income	\$ 172,363	\$ 193,293	\$ 255,367	\$ 263,814	\$ 264,625

* The budget reflects Investment Income of 4% of investments.

Description	FY23 Actual 31-Aug-23	FY24 Actual 31-Aug-24	FY25 Budget	FY 25 Actual 31-Jul-25	FY26 Budget
General Expenses					
18 Travel- Staff				\$ -	\$ -
19 Food & Beverage	\$ 357	\$ -	\$ 300	\$ -	\$ -
20 Postage	\$ 74			\$ -	\$ -
21 Printing			\$ 150	\$ -	\$ -
22 Bank Charges	\$ 3,353	\$ 5,465	\$ 5,500	\$ 4,172	\$ 4,500
23 Local Property Taxes					
24 CPA & Audit	\$ 7,000	\$ 18,125	\$ 15,000	\$ 21,420	\$ 22,000
25 Equipment rental	\$ 436		\$ 450	\$ 2,741	\$ 2,500
26 Donation Recognition		\$ 3,577	\$ -	\$ -	
27 Auction/event expense	\$ 11,045	\$ 8,321	\$ 9,500	\$ 8,611	\$ 8,500
28 Medical Student Travel	\$ 49,123	\$ 57,899	\$ 60,000	\$ 57,130	\$ 60,000
29 Resident Travel Reimburse	\$ 14,047	\$ 26,022	\$ 30,000	\$ 33,110	\$ 34,000
30 Student Interest Groups	\$ 1,156	\$ 2,140	\$ 4,000	\$ 107	\$ 1,500
31 Research Grants	\$ 29,290	\$ 49,328	\$ 70,000	\$ 70,000	\$ 76,000
32 Fund Raising and Development					
33 Research poster	\$ 1,200	\$ 2,700	\$ 3,300	\$ 1,200	\$ 1,200
34 Investment Management	\$ 19,174	\$ 19,550	\$ 25,000	\$ 23,607	\$ 25,000
35 Resident Scholars	\$ 16,500	\$ 26,713	\$ 29,200	\$ 26,204	\$ 29,000
36 Total General Expenses	\$ 152,754	\$ 219,840	\$ 252,400	\$ 248,302	\$ 264,200
37 Net Profit - General	\$ 19,609	\$ (26,547)	\$ 2,967	\$ 15,513	\$ 425

Texas Academy of Family Physicians Foundation
FY26 Proposed Operating Budget

Description	FY23 Actual 31-Aug-23	FY24 Actual 31-Aug-24	FY25 Budget	FY 25 Actual 31-Jul-25	FY26 Budget
Endowed Fund Expenses					
1 South Texas Scholarships	\$ 1,500	\$ 1,500	\$ 1,000	\$ 950	\$ 1,000
2 Kolb Schlr Fnd- UTMB Galveston	\$ 2,292	\$ 2,298	\$ 2,300	\$ 2,430	\$ 2,300
3 Porres Schlrshp- TX Tech Lubbk	\$ 1,700	\$ 1,700	\$ 1,700	\$ 1,800	\$ 1,700
4 Prussner Schlrshp-UTHSC Housto	\$ 6,000	\$ 6,000	\$ 6,000		\$ 6,000
5 Ross Schlrshp- UTSW Dallas	\$ 2,000	\$ 1,000	\$ 2,000	\$ 2,000	\$ 2,000
6 Post Schlrshp- UTHSC San Anton	\$ 1,000	\$ -	\$ 1,800		\$ 1,800
7 Krause Scholarship	\$ 2,250	\$ 2,500	\$ 2,300	\$ 2,500	\$ 2,300
8 Thorek Schlrshp	\$ 1,100	\$ 1,100	\$ 1,200	\$ 937	\$ 1,200
9 Valley Chapter Scholarship		\$ 6,000	\$ 9,000	\$ 3,000	\$ 9,000
10 C. French Schlrshp	\$ 1,087	\$ 1,000	\$ 1,000	\$ 1,350	\$ 1,000
11 Hartin Scholarship	\$ 1,245	\$ 1,149	\$ 1,200	\$ 1,099	\$ 1,200
12 Nixon Scholarship	\$ 640	\$ 1,200	\$ 1,200	\$ 1,200	\$ 1,200
13 LR Mabry Scholarship Fund	\$ 2,400	\$ -	\$ 4,000	\$ 4,800	\$ 4,000
14 Lancaster Scholarship	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000
15 Jim Martin Scholarship fund		\$ 1,431	\$ 2,300		\$ 2,300
17 Cassie Murphy-Cullen, PhD Scholarship	\$ 2,400	\$ 2,500	\$ 2,400	\$ 2,700	\$ 2,400
18 Boehm Scholarship	\$ 1,000	\$ -	\$ 1,000		\$ 1,000
19 Mueller Scholarship	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000
20 Glen Johnson Minority Scholarship	\$ 1,500	\$ 1,750	\$ 1,500	\$ 1,350	\$ 1,500
21 Roland Goertz Scholarship	\$ 1,152	\$ 2,184	\$ 1,200	\$ 1,200	\$ 1,200
22 Leung Scholarship	\$ 2,300	\$ 2,100	\$ 2,000	\$ 2,050	\$ 2,000
23 Bartos/Pillow Scholarship	\$ 3,900	\$ 2,000	\$ 3,800	\$ 2,000	\$ 3,800
24 Seth Cowan Scholarship	\$ 500	\$ 500	\$ 500		\$ 500
25 Deuser Endowment	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000
26 Mettetal Scholarship	\$ 1,300	\$ 1,000	\$ 1,000	\$ 1,200	\$ 1,000
27 Dickey Scholarship	\$ -	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000
28 Siy Scholarship	\$ -	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000
29					
30 Total Endowed Fund Expenses	\$ 40,266	\$ 43,912	\$ 55,400	\$ 37,565	\$ 55,400



Texas Academy of Family Physicians Foundation
 12012 Technology Blvd, Suite 200
 Austin, Texas 78727
 (512) 329-8666 / (512) 329-8237

MEMO

To: TAFP Foundation Board of Trustees

From: Kathy McCarthy, CAE, Executive Director

Date: April 1, 2026

Re: Update on Resident Scholars program

The program has been in place since 2020 and is doing great. We've had a total of 87 applicants from 35 residency programs, 43 have been interviewed, and we selected the 11th and 12th scholar on Saturday, March 28. Of those not selected, 18 have completed TAFP's Resident Leadership Experience.

Here is a reminder of what the program provides:

- \$2,500 stipend during first year of residency
- Travel support to attend TAFP's Annual Session and Primary Care Summit and C. Frank Webber Lectureship and Interim Session during their second year of residency.
- \$2,500 stipend at the end of their second year of residency.
- Travel support to attend AAFP's Congress of Delegates and National Conference of Constituency Leaders in their third year of residency.
- \$5,000 stipend at the end of their third year of residency.

Here is a recap on our scholars:

- 2020 Kendra Williams, MD – completed residency in 2022, practicing in Knox City, TX. Represented Texas at NCCL in 2025.
- 2021 Tyler King, DO – completed residency in 2023. Practicing in Laredo and serving on the Laredo City Council
- 2022 Carmella DeSerto, MD – completed residency in 2024. Practicing in San Antonio with UT Health. Represented Texas at NCCL in 2025 and returning for 2026.
 Gerardo Rodriguez, MD – completed residency in 2024. Working at Health Services of North Texas in Denton.
- 2023 Madeline Huff, MD – completed residency in 2025. Is working for WellMed in Austin.

Dorcas Omari, MD – completed residency in 2025. Working at First Primary Care in The Woodlands

2024 Kristie Tu, MD – Third year resident in Sugar Land. Enrolled in TAFP’s Resident Leadership Experience.

Melanie Diaz, DO – Third year resident in Waco.

2025 Corynne McEachern, DO – Second year resident at UT Health in San Antonio

Ryan Craig, DO – Second year resident at Methodist Charlton in Dallas

2026 Bolanle Olukemi Windapo, MD – First year resident at Doctors Hospital at Renaissance in McAllen

Zarif Gani, MD – First year resident at UT Dell in Austin

**Texas Academy of Family Physicians Foundation
FY26 Operating Budget with YTD Actuals**

Account ID	Description	FY24 Actual 31-Aug-24	FY25 Budget	FY 25 Actual 31-Jul-25	FY26 Budget	FY 26 Actual 28-Feb-26
	General Income					
1	40-300-00 Grants & Scholarships	\$ 80,000	\$ 80,000	\$ 80,000	\$ 80,000	\$ 40,000
2	40-302-00 Designated Gifts- Memorials			\$ 500		\$ 100
3	40-302-02 Designated Gifts-Resident Trav	\$ 1,600	\$ 1,500	\$ 1,140	\$ 1,500	\$ 1,770
4	40-302-03 Designated Gifts-StudentTravel	\$ 9,700	\$ 12,000	\$ 37,023	\$ 38,000	\$ 17,390
5	40-304-00 Undesignated Gifts- General	\$ 55,385	\$ 58,000	\$ 50,099	\$ 53,000	\$ 26,255
6	40-308-00 Research Grants- Designated	\$ 120	\$ 200	\$ 120	\$ 120	\$ 225
7	40-317-00 Resident Scholars					\$ 50
8	40-322-10 Auction/Event Income	\$ 10,100	\$ 24,000	\$ 8,975	\$ 8,500	\$ 8,650
9	40-390-00 Other Income	\$ 40	\$ 50	\$ 6,340	\$ 2,500	\$ 2,401
10	Interest and investment income					
11	General investment Income*	\$ 20,000	\$ 21,494	\$ 21,494	\$ 21,494	\$ 10,747
12	Investment Income - Research*	\$ 6,713	\$ 7,287	\$ 7,287	\$ 7,433	\$ 3,717
13	Investment Income - Student Interest*	\$ 7,171	\$ 8,240	\$ 8,240	\$ 8,682	\$ 4,341
14	Investment Income - Resident Leadership	\$ 2,465	\$ 2,596	\$ 2,596	\$ 2,645	\$ 1,323
15	Investment income - TAFP Fund*		\$ 40,000	\$ 40,000	\$ 40,751	\$ 20,376
16	Total General Income	\$ 193,293	\$ 255,367	\$ 263,814	\$ 264,625	\$ 137,345

* The budget reflects Investment Income of 4% of investments.

	General Expenses					
18	50-431-00 Travel- Staff			\$ -	\$ -	\$ -
19	50-433-00 Food & Beverage	\$ -	\$ 300	\$ -	\$ -	\$ -
20	50-455-00 Postage			\$ -	\$ -	\$ 145.05
21	50-457-00 Printing		\$ 150	\$ -	\$ -	\$ -
22	50-480-00 Bank Charges	\$ 5,465	\$ 5,500	\$ 4,172	\$ 4,500	\$ 2,258
23	50-481-00 Local Property Taxes					
24	50-484-00 CPA & Audit	\$ 18,125	\$ 15,000	\$ 21,420	\$ 22,000	\$ 7,875
25	50-487-00 Equipment rental		\$ 450	\$ 2,741	\$ 2,500	
26	50-557-00 Donation Recognition	\$ 3,577	\$ -	\$ -		
27	50-560-00 Auction/event expense	\$ 8,321	\$ 9,500	\$ 8,611	\$ 8,500	\$ 8,009
28	50-564-00 Medical Student Travel	\$ 57,899	\$ 60,000	\$ 57,130	\$ 60,000	\$ 9,641
29	50-564-10 Resident Travel Reimburse	\$ 26,022	\$ 30,000	\$ 33,110	\$ 34,000	\$ 1,315
30	50-567-00 Student Interest Groups	\$ 2,140	\$ 4,000	\$ 107	\$ 1,500	\$ 102
31	50-568-00 Research Grants	\$ 49,328	\$ 70,000	\$ 70,000	\$ 76,000	\$ 16,402
32	50-569-00 Fund Raising and Development					
33	50-578-00 Research poster	\$ 2,700	\$ 3,300	\$ 1,200	\$ 1,200	\$ 1,200
34	50-580-00 Investment Management	\$ 19,550	\$ 25,000	\$ 23,607	\$ 25,000	\$ 12,214
35	50-556-03 Resident Scholars	\$ 26,713	\$ 29,200	\$ 26,204	\$ 29,000	\$ 4,948
36	Total General Expenses	\$ 219,840	\$ 252,400	\$ 248,302	\$ 264,200	\$ 64,110
37						
38	Net profit - General	\$ (26,547)	\$ 2,967	\$ 15,513	\$ 425	\$ 73,236

**Texas Academy of Family Physicians Foundation
FY26 Operating Budget with YTD Actuals**

Account ID	Description	FY24 Actual 31-Aug-24	FY25 Budget	FY 25 Actual 31-Jul-25	FY26 Budget	FY 26 Actual 28-Feb-26
	Endowed Fund Expenses					
1	50-530-10 South Texas Scholarships	\$ 1,500	\$ 1,000	\$ 950	\$ 1,000	
2	50-530-11 Kolb Schlir Fnd- UTMB Galveston	\$ 2,298	\$ 2,300	\$ 2,430	\$ 2,300	
3	50-530-12 Porres Schlirshp- TX Tech Lubbk	\$ 1,700	\$ 1,700	\$ 1,800	\$ 1,700	
4	50-530-13 Prussner Schlirshp-UTHSC Housto	\$ 6,000	\$ 6,000		\$ 6,000	
5	50-530-14 Ross Schlirshp- UTSW Dallas	\$ 1,000	\$ 2,000	\$ 2,000	\$ 2,000	
6	50-530-15 Post Schlirshp- UTHSC San Anton	\$ -	\$ 1,800		\$ 1,800	
7	50-530-20 Krause Scholarship	\$ 2,500	\$ 2,300	\$ 2,500	\$ 2,300	
8	50-530-21 Thorek Schlirshp	\$ 1,100	\$ 1,200	\$ 937	\$ 1,200	
9	50-530-22 Valley Chapter Scholarship	\$ 6,000	\$ 9,000	\$ 3,000	\$ 9,000	
10	50-530-23 C. French Schlirshp	\$ 1,000	\$ 1,000	\$ 1,350	\$ 1,000	
11	50-530-24 Hartin Scholarship	\$ 1,149	\$ 1,200	\$ 1,099	\$ 1,200	
12	50-530-25 Nixon Scholarship	\$ 1,200	\$ 1,200	\$ 1,200	\$ 1,200	
13	50-530-26 LR Mabry Scholarship Fund	\$ -	\$ 4,000	\$ 4,800	\$ 4,000	
14	50-530-27 Lancaster Scholarship	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	
15	50-530-30 Jim Martin Scholarship fund	\$ 1,431	\$ 2,300		\$ 2,300	
17	50-530-31 Cassie Murphy-Cullen, PhD Scholarship	\$ 2,500	\$ 2,400	\$ 2,700	\$ 2,400	
18	Boehm Scholarship	\$ -	\$ 1,000		\$ 1,000	
19	Mueller Scholarship	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	
20	50-545-00 Glen Johnson Minority Scholarship	\$ 1,750	\$ 1,500	\$ 1,350	\$ 1,500	
21	50-555-00 Roland Goertz Scholarship	\$ 2,184	\$ 1,200	\$ 1,200	\$ 1,200	
22	50-555-01 Leung Scholarship	\$ 2,100	\$ 2,000	\$ 2,050	\$ 2,000	
23	50-556-01 Bartos/Pillow Scholarship	\$ 2,000	\$ 3,800	\$ 2,000	\$ 3,800	
24	Seth Cowan Scholarship	\$ 500	\$ 500		\$ 500	
25	50-555-02 Deuser Endowment	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000
26	Mettetal Scholarship	\$ 1,000	\$ 1,000	\$ 1,200	\$ 1,000	
27	Dickey Scholarship	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	
28	Siy Scholarship	\$ 1,000	\$ 1,000	\$ 1,000	\$ 1,000	
29						
30	Total Endowed Fund Expenses	\$ 43,912	\$ 55,400	\$ 37,565	\$ 55,400	\$ 1,000

TAFP Foundation Gifts to Endowed Funds by Fiscal Year

	FY17	FY18	FY19	FY20	FY21	FY22	FY23	FY24	FY25	FY26
Kolb Scholarship										
Porres Scholarship		\$ 200	\$ 600	\$ 600	\$ 350					
Pruessner Scholarship	\$ 1,649	\$ 1,030	\$ 4,378	\$ 3,950	\$ 3,900	\$ 4,250	\$ 6,800	\$ 3,890	\$ 1,330	\$ 890
Ross Scholarship										
Post Scholarship										
S. Texas Schlr F TAFP		\$ 87	\$ 180	\$ 60		\$ 50	\$ 100			
Valley Chapter Scholarship										
Mueller Scholarship	\$ 2,550								\$ 250	
Thorek Scholarship										
Powell Scholarship										
C. French Scholarship										
Krause Scholarship	\$ 950	\$ 875	\$ 800	\$ 600	\$ 3,600	\$ 950	\$ 100	\$ 1,083	\$ 300	\$ 150
J.C. Martin Scholarship		\$ 175	\$ 1,420	\$ 385	\$ 140	\$ -				
LR Mabry Scholarship	\$ 2,400	\$ 2,400	\$ 200						\$ 200	
Johnson Scholarship	\$ 120	\$ 60	\$ 50	\$ 200	\$ 120	\$ 3,870	\$ 80	\$ 50	\$ 2,000	
Sam Nixon Scholarship										
Murphy-Cullen Scholarship	\$ 5,700	\$ 2,200	\$ 1,725	\$ 1,600	\$ 1,700	\$ 1,200	\$ 1,950	\$ 400	\$ 500	
Lancaster Scholarship										
Hartin Scholarship	\$ 50		\$ 50	\$ 50	\$ 50			\$ 50		
H.Boehm Scholarship	\$ 600	\$ 600	\$ 700	\$ 300	\$ 600	\$ 600	\$ 100			\$ 50
R. Goertz Scholarship	\$ 1,800	\$ 300	\$ 720	\$ 720	\$ 970	\$ 1,020	\$ 1,470	\$ 1,995	\$ 2,410	\$ 1,170
Pillow/Bartos Scholarship			\$ 450	\$ 1,175	\$ 900	\$ 900	\$ 900	\$ 1,733	\$ 705	\$ 480
P. Leung Scholarship										
S. Cowan Scholarship	\$ 25,000						\$ 10,000			
T. Deuser Endowment	\$ 6,170	\$ 250						\$ 450	\$ 250	
N. Dickey Scholarship	\$ 1,000	\$ 3,150	\$ 26,140	\$ 240	\$ 240	\$ 490	\$ 100			
Research Endowment	\$ 1,317	\$ 8,000	\$ 1,053	\$ 720	\$ 660	\$ 600	\$ 600	\$ 5,400	\$ 240	\$ 120
Student Interest Endowment	\$ 16,691	\$ 5,815	\$ 19,183	\$ 7,165	\$ 6,570	\$ 710	\$ 800	\$ 17,220	\$ 370	\$ 60
T. Mettetal Scholarship			\$ 30,000							
Resident Leadership Endowment							\$ 21,500			
L. Siy scholarship							\$ 27,030	\$ 5,233	\$ 4,550	\$ 2,330
L. Roehen Scholarship									\$ 9,290	\$ 5,625
Dharma Endowment										\$ 25,000
	\$ 65,998	\$ 25,142	\$ 87,650	\$ 17,765	\$ 19,800	\$ 14,640	\$ 71,530	\$ 37,505	\$ 22,395	\$ 35,875



Texas Academy of Family Physicians Foundation
12012 Technology Blvd, Suite 200
Austin, Texas 78727
(512) 329-8666 / (512) 329-8237

MEMO

To: TAFP Foundation Board of Trustees

From: Kathy McCarthy, CAE, Executive Director

Date: April 2, 2026

Re: Dharma Endowment

After TAFP's Annual Session and Primary Care Summit in November, longtime TAFP Foundation donor, Dr. Chrisette Dharma contacted Tom and I about setting up an endowment to fund a wellness initiative. She donated \$25,000 and her request is that it be called the Dharma Endowment and be used to support educational initiatives within the Texas Academy of Family Physicians to promote physician health and well-being. This can include lectures, workshops, or other resources to promote mental and physical health, professional fulfillment, financial health, or other related topics.

The first lecture will be during TAFP's Annual Session and Primary Care Summit in The Woodlands but future lectures may be at other educational events. As with the Deuser endowment, the TAFP Foundation will sponsor the education.



Texas Academy of Family Physicians Foundation
 12012 Technology Blvd, Suite 200
 Austin, Texas 78727
 (512) 329-8666 / (512) 329-8237

MEMO

To: TAFP Foundation Board of Trustees

From: Kathy McCarthy, CAE, Executive Director

Date: April 1, 2026

Re: Travel funding

Following our discussion in November, Juleah and I put together travel funding guidelines. They are published on our website here: <https://www.tafp.org/foundation/travel-funding-rules>

TAFP Foundation travel reimbursement rules and FAQ

The TAFP Foundation provides travel reimbursement for Texas medical students and family medicine residents for various meetings. The TAFP Foundation is funded primarily by individual family physicians who donate to support the next generation of family medicine. The purpose of the funding is to reduce barriers to participation for those in training, but it may not cover all expenses.

Recipients are encouraged to carpool with friends and even share rooms at conferences to help our funding go further and support more participation. There are reimbursement limits for Texas conferences based on recipients' distance from the conference, and **signing in at the conference you are attending is required to verify participation.**

Guidelines

Lodging and hotel reimbursement

We encourage attendees to stay at the conference hotel using the room block for TAFP events. It might not always be the cheapest option, but filling our room block is critical to fulfilling our contractual obligations with hotels and avoids penalties for TAFP. It is also more convenient for you!

- C. Frank Webber Lectureship and Interim Session — Only student and resident leaders are eligible for up to two nights.
- TAFP's Student and Resident Summit — Students and residents are eligible for up to two nights.
- TAFP's Annual Session and Primary Care Summit — Student and resident leaders, scholarship recipients, and poster competition participants are eligible for up to three nights.

Any extra nights would need to be pre-approved by TAFP staff. We will reimburse costs at alternate hotels or other lodging, like Airbnb, with a valid receipt.

Transportation reimbursement

The TAFP Foundation **can reimburse mileage if you drive your personal vehicle** to a meeting. Note that mileage is reimbursed at the maximum IRS approved rate, which is currently \$0.725 per mile, but there is a limit of \$300 for mileage reimbursement per conference. If you drive, we encourage you to share the ride with others from your school or program.

If you choose to fly, we can reimburse for airfare, ground transportation (taxi or ride share), and parking at the airport. We cannot reimburse for frequent flyer miles.

If you rent a car to drive to a conference, we can reimburse the fees for up to three days' rental of an economy, compact, or mid-sized vehicle. We can also reimburse for gas. Note that if you are being reimbursed for airfare, you cannot also be reimbursed for car rental.

Conference registration fees

Be sure to pay the member rate. Workshops are eligible for reimbursement.

Geographic funding limits

For each Texas conference, the reimbursement will be limited based on the distance from the recipient's home to the conference.

- Zone 1 – Fewer than 75 miles – \$100
- Zone 2 – 76 to 200 miles – \$300
- Zone 3 – 201 to 350 miles – \$500
- Zone 4 – 351 to 500 miles – \$600
- Zone 5 – More than 500 miles – \$750

FAQ

Will the TAFP Foundation make my travel arrangements?

No. You should make your own arrangements once your funding is approved.

When will I be reimbursed?

We will reimburse you after the conference when we have received your reimbursement request form along with receipts. You must sign in and pick up your name badge at the conference to verify your participation.

Can I be reimbursed for food and beverage?

No. Currently the reimbursable expenses include conference registration, hotel or lodging, and transportation.

If my friend and I were both approved for travel funding and we shared a room, how do we get reimbursed?

We encourage attendees to share rides or rooms! You can ask the hotel to split the expense onto two credit cards, and each put your portion on your reimbursement form. You could also have one drive and request mileage and the other pay for the hotel room and request reimbursement for that expense. You can tell TAFP staff that you are sharing a room and we can approve one reimbursement being higher than the funding limit if the other funding recipient has a lower reimbursement.

What about FUTURE?

The TAFP Foundation funding for AAFP's FUTURE is a travel scholarship. You must attend and connect with the TAFP staff person in Kansas City to receive your \$600 scholarship check.



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MEMO

To: TAFP Foundation Board of Trustees

From: Kathy McCarthy, CAE on behalf of the Research Grants Committee

Date: April 2, 2026

Re: Research Update

Research is still going strong. Drs. Bruce Echols, Lesca Hadley and Richard Young reviewed the proposals submitted and decided to fund two with one pending.

Final reports from Namita Bhardwaj, MD, MS, MPH and Yajaira Johnson-Esparza, PhD; Stacy Ogbeide, PsyD follow this report.

Research in progress

Here are the research projects funded and in progress.

Funded in 2025

Feasibility of Integrating Acupuncture in Primary Care for Medically Underserved Populations

Hasan Yasin, MD, UTMB Galveston

Understanding Women's Experiences with IUDs: A Qualitative Study in Bexar County

Tharani Ravi, MD, UT Health San Antonio

Treatment of alcohol use disorders in adults in office-based addiction treatment clinics vs. psychiatric clinics in a county system: medication prescribing behaviors

Andrea Nguyen, MD, UT Health McGovern

Knowledge, treatment practices, and preventative strategies for Urinary Tract Infections (UTI) in Spanish-speaking women

Ashley Collazo, MD, MPH, Baylor College of Medicine

Stroke Risk from Menopausal and Contraceptive Hormones in Women 45-64 years of age

Laura Porterfield, MD, MPH, FAAFP, UTMB Galveston

The Association Between Stigmatization Profiles and Chronic Pain in a Family Medicine Patient Population

Chance R. Strenth, PhD, UT Southwestern

Funded 2024

Implementing and assessing the impact of an OB skills workshop on the OB clinical rotation experience for Family Medicine residents

Deepa Somcio, MD, Memorial Family Medicine Residency

Exploring and Improving Type 2 Diabetes Outcomes Using Short-Term Continuous Glucose Monitoring

Chelsea Mendonca, MD, Baylor College of Medicine

Waco COVID survey Follow-up survey

Sally Weaver, PhD, MD, Waco Family Medicine

Building a Sustainable Referral System between Primary Care and the San Antonio Food Bank: Implementation and Evaluation

Yun Shi, MD, PhD, UT Health San Antonio

Understanding Clinicians' and Residents' Utilization of Telehealth in Family Medicine: An RRNeT Study

Maria Montanez Villacampa, MD, UT Health San Antonio

Funded 2023

Investigating Hormonal Influences on Pain and Stress Behavior using Longitudinal Adolescent Stress and Health Data

Chance R. Strenth, PhD, UT Southwestern

Preferences and Attitudes towards Telehealth among Individuals Attending Safety-Net Community Clinics in Houston Texas

Abayomi Ogunwale MD, MPH, McGovern Medical School

Implementation of a Hypertension Education Class at a Community-based clinic in an underserved urban area

Jonnae Atkinson, MD, Baylor College of Medicine

Funded 2022

A pilot project to manage chronic kidney disease in patients in the UTMB Family Medicine Island East Clinic by utilizing a chronic kidney disease patient navigator

Jamal Islam, MD, MS, UTMB Galveston – Note: Dr. Islam passed away in December. Dr. Quratulanne Jan has taken over as PI.

Funded 2021

How Family Medicine Physicians Can Demonstrate Accountability: an RRNeT Study

Richard Young, MD, JPS / RRNeT

Funded 2019

**Improving intent to utilize the HPV Vaccine among Young Adults in a Primary Care Setting:
Comparing healthcare provider levels and education styles**

Shane Fernando, PhD, MS, FRSPH, University of North Texas Health Science Center

New proposals

We received seven new proposals. The committee decided to fund two of them and is still considering a third one to fund.

Title	Amount requested
Experiences of Food Insecurity Among Patients Accessing Care through the County Safety-Net Health System <i>Juliana Dixon, MD, MPH, UT Southwestern</i>	\$9,999
AI-Generated Life-Concordant Regimen Complexity Index (RCI): Making Chronic Disease Plans Fit Patients' Lives <i>Jacob Oliver, MD, MBA, UT Tyler Rural Family Medicine Residency Program</i>	\$10,000

TAFP Foundation Grant Final Funding Status Report

Dear Texas Academy of Family Physicians Foundation,

I wanted to sincerely thank The Foundation for funding the Texas Two-Step: Evaluation of two-part blood pressure screen during mass pre-participation physical examines in detection of pediatric hypertension in the amount of \$10,000.

Background

The purpose of this study is to determine if a two-step process helps to identify those student athletes with hypertension needing evaluation compared to a single blood pressure measurement and the feasibility of implementation of this during mass pre-participation physicians. Hypertension in children is defined as systolic blood pressure (SBP) and/or diastolic blood pressure (DBP) persistently at least 95th percentile for sex, age and height measured on at least three separate occasions. Hypertension is further classified as grade 1, 95th percentile to the 99th percentile and 5 mmHg) and grade 2 (>99th percentile plus 5 mmHg). In a clinical setting any adolescent with a blood pressure in the 90-95% is categorized as prehypertensive, the caveat being a reading higher than 120/80 which is also considered prehypertensive, even if it were to fall below 90 percent for that patients age, height and sex. Approximately 2 to 4% of the pediatric population has confirmed hypertension (Bell 2018).

Among the many goals of the pre-participation physical exams, PPE, one of them is to identify conditions that require a treatment plan before or during participation such as hypertension. The PPE5 guidelines, developed together by various organization including the AAP, AAFP, and AMSSM, includes a 14-element cardiovascular screening which includes a medical history of elevated systolic blood pressures as well as a brachial artery blood pressure measurement (seated, and preferably performed in both arms). Although it is preferred to have pre participation evaluations performed in a clinic setting, many athletes are evaluated en mass at school or in community settings. These events are often the only times these adolescents have their blood pressures evaluated and due to expediency often may find themselves screening positive for elevated blood pressures due to a variety of factors that are not accounted for in these settings such as incorrect cuff size, not having observed a 5-minute rest period prior to BP check and even medication/caffeine/supplement use prior to their examination which may lead to readings that do not portray an athlete's true baseline.

Project Description

Research Aims: Identify if a two-part blood pressure screening identifies true hypertensives more effectively than utilizing one method alone.

Research Objectives:

1. Assess the number of athletes that are identified as hypertensive based on the AAP guidelines
2. Asses the number of athletes that are identified as hypertensive based on the percentiles
3. Identify if there is a difference between two groups identified as hypertensive utilizing the two-step screening process.
4. Determine the feasibility of a two-step process during mass participation physicals.

Results and Impact

Over the course of four dates of sports physicals at three different schools, we performed 770 sports physicals. 437 student athletes screened positive in the initial step for elevated blood pressure based on

TAFP Foundation Grant Final Funding Status Report

the 2017 AAP guidelines. The physicians reevaluated the blood pressure of these athletes by performing a manual blood pressure screen after approximately 5 minutes of rest. Ultimately 30 athletes were not cleared due to elevated blood pressure based on the two-step method. These athletes had blood pressures that put them in the 2nd stage of hypertension.

We identified a higher rate of hypertension among our patient population with males having a 6.7% rate of stage 2 hypertension and females having a 7.3% rate of stage 2 hypertension. The highest improvement in identification of high blood pressure was best among the patients who were diagnosed as obese (BMI greater than 30 kg/m²).

We presented our project at the American Medical Society for Sports Medicine Annual Meeting as a poster presentation. We will be submitting our research for hopeful publication for widespread dissemination.

Our goal with this project is to show that a simple two-step process for blood pressure evaluation during PPEs helps to better identify the athletes who are hypertensive than a single blood pressure measurement alone. With rates of pediatric hypertension increasing, it is imperative that correct identification of those that may need further evaluation are recognized and given the resources to follow up.

Challenges and Lessons Learned

One of the challenges we faced was given the large number of repeated blood pressures, how do we optimize the flow of students from station to station. We decreased the rest time from the 15 minutes originally proposed to 5 minutes. This is consistent with current blood pressure re-check guidelines.

Future Plans

1. We will submit the research for publication.

Acknowledgements

1. Wei-Chen Lee, PhD for her help with the data analysis.
2. Uzoma Dike, MD; Jatinder P. Singh, DO; and Erika Withjack DO for being the resident leads on this blood pressure project.
3. UTMB Family Medicine residents for their support in performing 770 sports physical examinations for our Galveston County community.
4. Kendall Campbell, MD for his guidance and mentorship and ultimate support of this project.

Sincerely,

Namita Bhardwaj, MD, MS, MPH

Likelihood of Specialty Mental Health Treatment for Pediatric Patients Receiving Care within the Primary Care Behavioral Health Consultation Model

Authors

Yajaira Johnson-Esparza, PhD and Stacy Ogbeide, PsyD, ABPP

Child and adolescent behavioral health issues are important to address, as most behavioral health issues in adult patients begin during adolescence (Robinson & Reiter, 2016). However, access to behavioral health providers who specialize in child and adolescent behavioral health is challenging due to limited access to behavioral health providers, lack of behavioral health training, increased wait time to receive mental health care, and social determinants of health. The Primary Care Behavioral Health Consultation (PCBH) model integrates primary care and behavioral health to improve and promote overall health within the primary care population while providing low-impact behavioral interventions to more patients (Robinson & Reiter, 2016). Many studies show that integrating behavioral health services into primary care settings can reduce medical costs and improve treatment adherence, clinical outcomes, and patient and provider satisfaction (Robinson & Reiter, 2016). Although patient satisfaction with the PCBH model has been measured in adult patient populations (Ogbeide, Landoll, Nielsen, & Kanzler, 2018), patient satisfaction still needs to be adequately reviewed among pediatric patients.

The purpose of this study was to determine (1) pediatric patient satisfaction with the Primary Care Behavioral Health Consultation Model (PCBH) in a primary care setting, (2) pediatric patient likelihood to seek specialty mental health care services if BH consultation services were not provided in a primary care setting, and 3) the role of parental/guardian psychological flexibility on pediatric patient satisfaction with PCBH services.

The study was a cross-sectional, descriptive, mixed methods study. A qualitative portion consisted of brief interviews to explore adolescent perceptions of BH services received at the clinic. Initial analysis included frequency and mean ratings on survey items. A multinomial regression was conducted to evaluate the association between parental psychological flexibility and likelihood of seeking behavioral health services. Qualitative responses were analyzed using an interaction thematic analysis (Braun & Clarke, 2006). The study sample was recruited from a continuity residency clinic, part of a larger university hospital system that serves an economically underserved and racially diverse community. The sample consisted of adolescents seen by a behavioral health consultant in the past 24 months and their parent(s).

Demographic data was collected. The Parental Acceptance and Action Questionnaire (PAAQ; Cheron, Ehrenreich, & Pincus, 2009) was used to measure parental psychological flexibility. To measure patient satisfaction with PCBH services, items based on the Satisfaction with PCBH services survey were used (Robinson & Reiter, 2016).

A total of 34 parent-adolescent dyads completed the short survey. Half of adolescent participants identified as female, and the majority identified as Hispanic/Latino. Adolescents reported satisfaction with PCBH services and most noted it is unlikely they

would have sought behavioral health services outside of the primary care setting. The multinomial regression model evaluating the association between the PAAQ and the likelihood of seeking behavioral health services did not suggest a significant relationship.

Nine of the 34 survey participants participated in the brief interviews. Qualitative analyses revealed five overarching themes:

- 1) *Value of the patient/BHC relationship*: Among the most salient themes across transcripts was the perceived value of the patient/BHC relationship. Participants commented on the ease with which they could establish a relationship with the BHC, with some noting they felt a connection with it. There was also a perception that the BHC fostered trust.
- 2) *PCBH service satisfaction*: Participants expressed satisfaction with PCBH services, with some noting how their expectations were met and others stating that expectations were surpassed.
- 3) *Improvement in self-management*: Participants shared that the BHC services provided them with resources that allowed them to build new and better habits that they were able to follow through on, which have helped them improve their self-confidence and gain a larger sense of control.
- 4) *PCBH areas for improvement*: While participants expressed that they felt the BHC visit was beneficial, some also provided feedback on areas where visits could be improved, including more hands-on resources, more time dedicated to the visit, and staying on task.
- 5) *Barriers to behavioral health services*: Participants shared that barriers include a lack of access, uncertainty about whether the services are needed, and negative stigma. Some noted that if services were absent at FHC, they would be able to tap into their support networks.

Patient satisfaction with the PBCH model and a preference for receiving behavioral health services within a primary care setting have been well-documented in adult patient populations (Ogbeide, Landoll, Nielsen, & Kanzler, 2018). However, these findings had not been replicated in a pediatric patient population until our study. This study highlights the role of behavioral health integration into pediatric primary care in ensuring earlier and more immediate access to care. This is critical in pediatric populations considering limited access to specialty mental health providers in the community (Upadhyay et al. 2019).

Through funding provided by the TAFP Foundation, we had the opportunity to assess pediatric patient satisfaction with the PCBH model and better understand their perception of this model. We have submitted a manuscript to *Family, Systems, and Health*, a peer-reviewed, interdisciplinary journal addressing integrated care. The manuscript is currently under review. We have also submitted a proposal for an oral presentation on our findings at the 53rd Annual Meeting of the North American Primary Care Research Group to be held in Atlanta, Georgia, in November 2025. We hope that this proposal will be accepted given that

this is the first study to our knowledge that assesses pediatric patient satisfaction with the PCBH model. We thank the TAFP Foundation for funding our work to promote the PCBH model in pediatric primary care settings.

References

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MEMO

To: TAFP Foundation Board of Trustees

From: Kathy McCarthy, Executive Director

Date: April 1, 2026

Re: Nominating Committee

It is time to elect members to serve as the 2026 Nominating Committee. Please do not volunteer for the Nominating Committee if you are interested in serving as an officer.

For reference below are the past committees.

2025 – Lesca Hadley, MD, Justin Bartos, MD, Ashok Kumar, MD, and Rebecca Hart, MD

2024 – Lesca Hadley, MD, Justin Bartos, MD, Ashok Kumar, MD, Dale Moquist, MD

2023 – Lesca Hadley, MD, Justin Bartos, MD, Ashok Kumar, MD, Dale Moquist, MD.

2022 – Lesca Hadley, MD, Justin Bartos, MD, Ashok Kumar, MD, Bruce Echols, MD, Dale Moquist, MD, and Amer Shakil, MD

2021 – Lesca Hadley, MD, Justin Bartos, MD, Ashok Kumar, MD, Bruce Echols, MD, Dale Moquist, MD, and Amer Shakil, MD

2020 – Justin Bartos, MD, Ashok Kumar, MD, Bruce Echols, MD, Dale Moquist, MD, and Amer Shakil, MD

2019 – Justin Bartos, MD, Ashok Kumar, MD, Bruce Echols, MD, and Amer Shakil, MD

2018 – Justin Bartos, MD, Ashok Kumar, MD, Bruce Echols, MD, and Amer Shakil, MD

2017 – Justin Bartos, MD, Ashok Kumar, MD, and Bruce Echols, MD

2016 – Justin Bartos, MD, Ashok Kumar, MD, and Bruce Echols, MD



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MEMO

To: TAFP Foundation Board of Trustees

From: Kathy McCarthy, Executive Director

Date: April 1, 2026

Re: Philanthropist of the Year nomination process

The nomination form for the Philanthropist of the Year award is online and open! Please consider nominating a colleague for this award or any TAFP award:

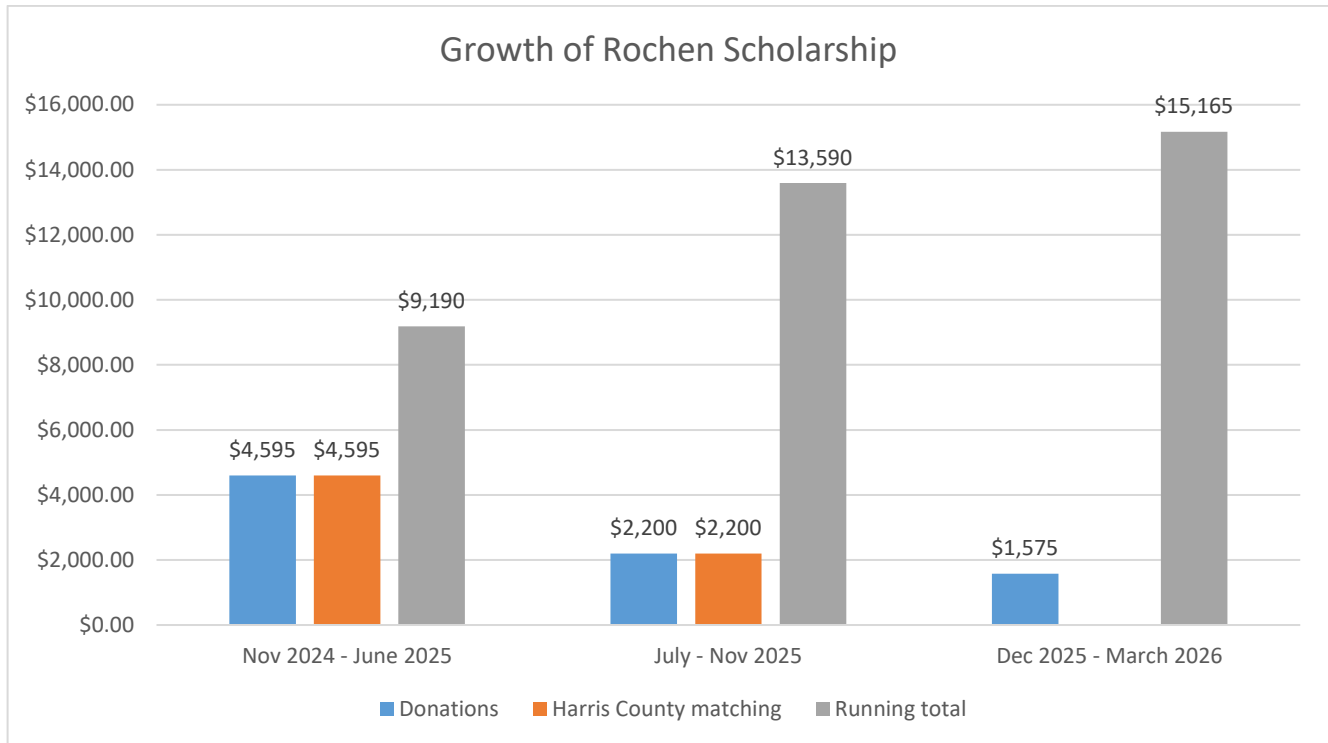
<https://www.tafp.org/academy/awards>.

Recent TAFP Foundation Philanthropists of the Year:

- 2023 Mary Nguyen, MD and Lloyd Van Winkle, MD
- 2022 Lesca Hadley, MD
- 2021 Robert Youens, MD
- 2019 Adrian Billings, MD
- 2018 Dale Moquist, MD
- 2017 Seth Cowan, MD
- 2016 Lewis Foxhall, MD
- 2015 Patrick Leung, MD
- 2014 Melissa Gerdes, MD
- 2013 C. Tim Lambert, MD
- 2012 Edwin Franks, MD
- 2011 Bruce Echols, MD
- 2010 Jim and Karen White
- 2009 Linda Siy, MD
- 2008 Clare Hawkins, MD
- 2007 Stephen Benold, MD

Leon Rothen Medical Student Scholarship

The Harris County Academy of Family Physicians is working on developing this scholarship to honor their longtime Executive Director. Every scholarship needs at least \$25,000 in donations to be considered fully endowed. As of April 1, **we need \$9,835 to meet that goal.**



Thank you to these donors:

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New Pins for 2026 – as of March 31, 2026

Visionary (\$50,000+)

None

Pioneer (\$25,000 - \$49,000)

Chrisette M Dharmagunaratne, MD

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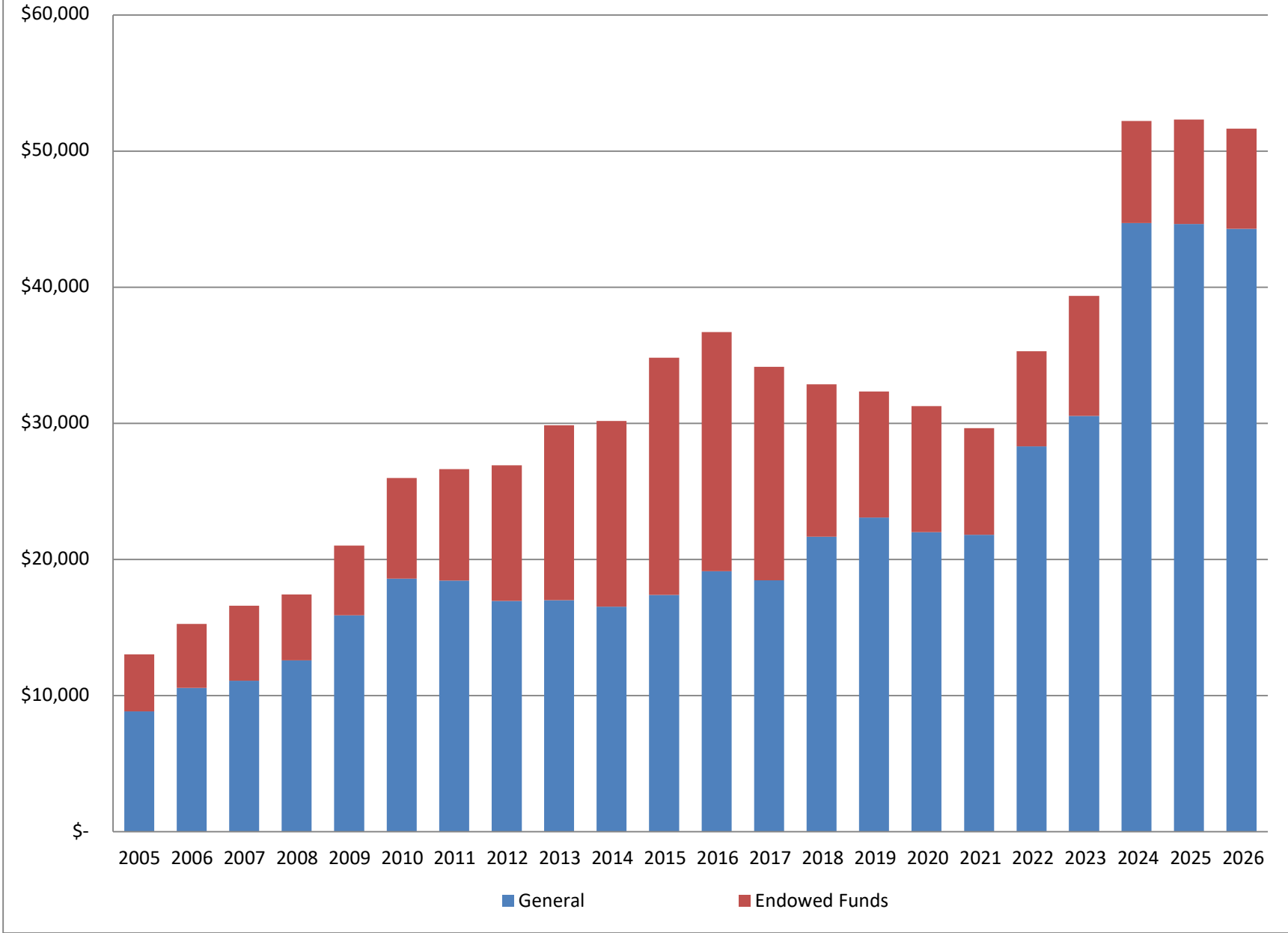
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 information on becoming a monthly donor**

Monthly Donations by Year and Designation





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MEMO

To: TAFP Foundation Board of Trustees

From: Kathy McCarthy, Executive Director

Date: April 2, 2026

Re: Annual Session Activities

We have several opportunities for fundraising and visibility for the work of the Foundation at the 2026 Annual Session and Primary Care Summit at The Woodlands Waterway Marriott.

- The Board of Trustees meeting will be on Saturday, Nov. 7.
- Plan on attending a fundraising dinner on Friday, Nov. 6. Unless there is an objection, I think the fundraiser should continue to focus on student or resident travel. We can go back to Kirby's Steakhouse unless there is another suggestion.
- We will continue with our past activities of honoring scholarship recipients at the TAFP Awards Lunch, inviting researchers to present, collecting donations with registration, having a VIP area for a special donation, and doing a TAFP Foundation update in the general session.
- We also have the sculpture donated by Jim White to auction. We have a few options – silent auction – in person, live auction at the dinner, or silent auction online. A few notes – we want to encourage whoever has the highest bid to donate the sculpture back to the TAFP Foundation at some point; if we do online, we need to figure out how we would get the piece to the donor.

