



TAFP

Council on Health of the Public

TEXAS ACADEMY OF FAMILY PHYSICIANS | 12012 Technology Blvd., Ste. 200 | Austin, TX 78727 | (512) 329-8666 | www.tafp.org

High School Wellness Graduation Cord Project Rubric

To complete the program and earn their TAFP graduation honor cord, high school seniors must complete each of the below requirements by a deadline set by their school.

- Upload vaccine records showing that all immunizations are up to date (including meningococcal and HPV). Alternatively, students can demonstrate that they've been educated on vaccines by reviewing provided flyers on various diseases and answering a couple of questions about each one.
 - * [HPV flyer](#)
 - * [Meningococcal disease flyer](#)
 - * [Tetanus flyer](#)
 - * [Diphtheria flyer](#)
 - * [Pertussis/whooping cough flyer](#)
 - * [Measles flyer](#)
 - * [Mumps flyer](#)
 - * [Rubella flyer](#)
 - * [Varicella flyer](#)
- Upload proof of a dental visit within the last year.
- Complete one week's worth of a food diary (template provided).
- Upload proof of an annual physical within the last year.
- Write a brief on their volunteer service completed in the last year.
- Watch videos on three relevant health topics from the list below and answer a few questions about each topic.
 - * [Stress management](#)
 - * [Exercise and nutrition](#)
 - * [Alcohol use/abuse](#)
 - * [Smoking/vaping](#)
 - * [Cancer prevention](#)
 - * [Living on your own](#)
 - * [Oral health](#)
 - * [Dating etiquette](#)
 - * [Responsible driving](#)
 - * [Opioid abuse](#)



Scan here to learn more
about the TAFP project