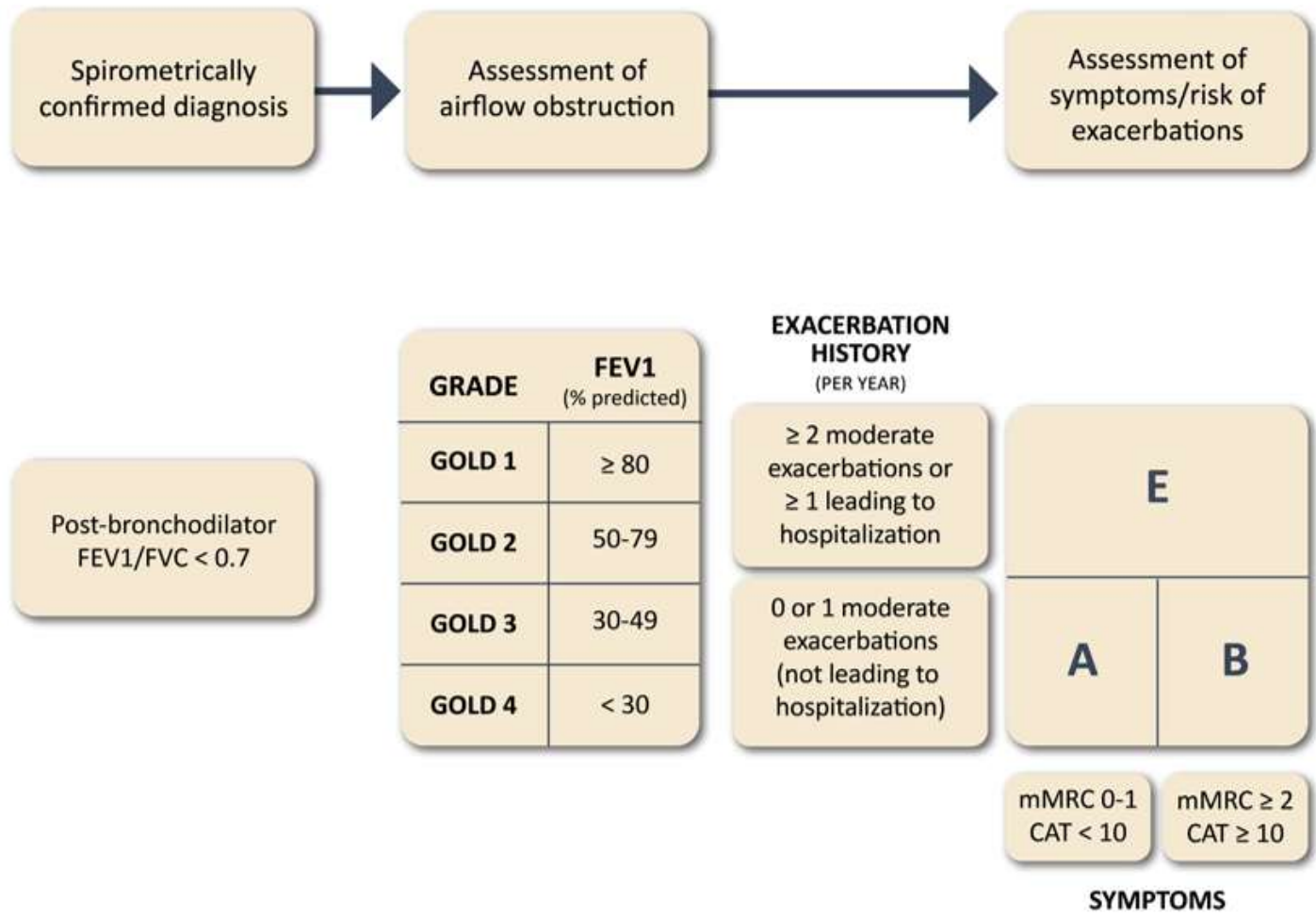


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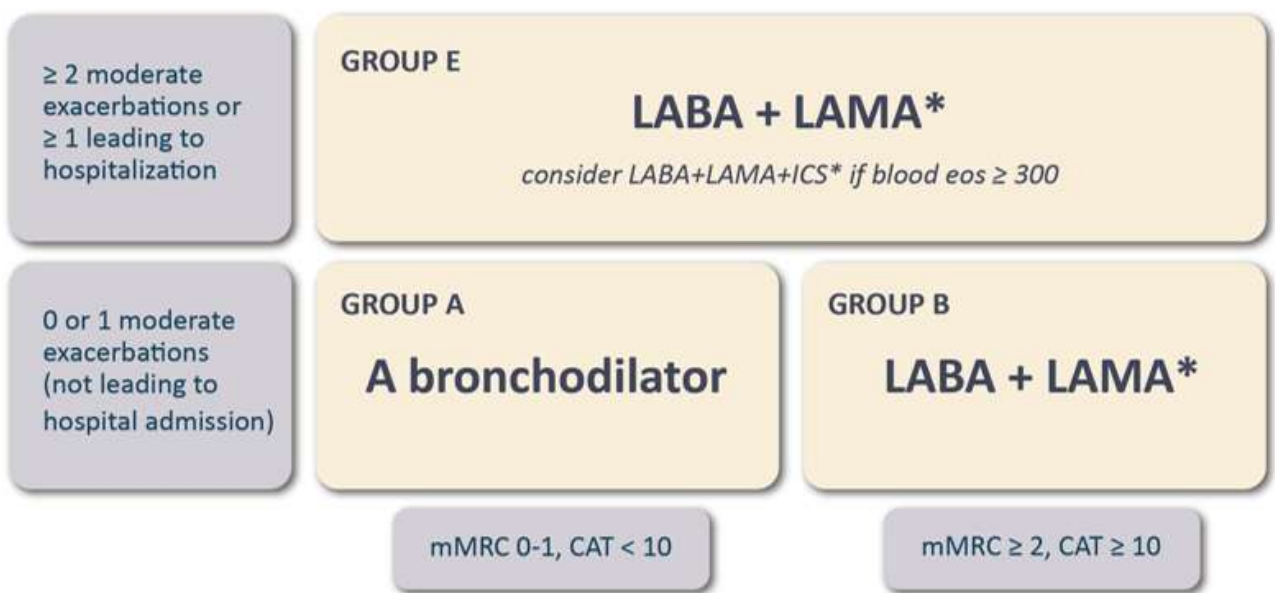
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GOLD Combined Initial COPD Assessment & Management

GOLD ABE Assessment Tool

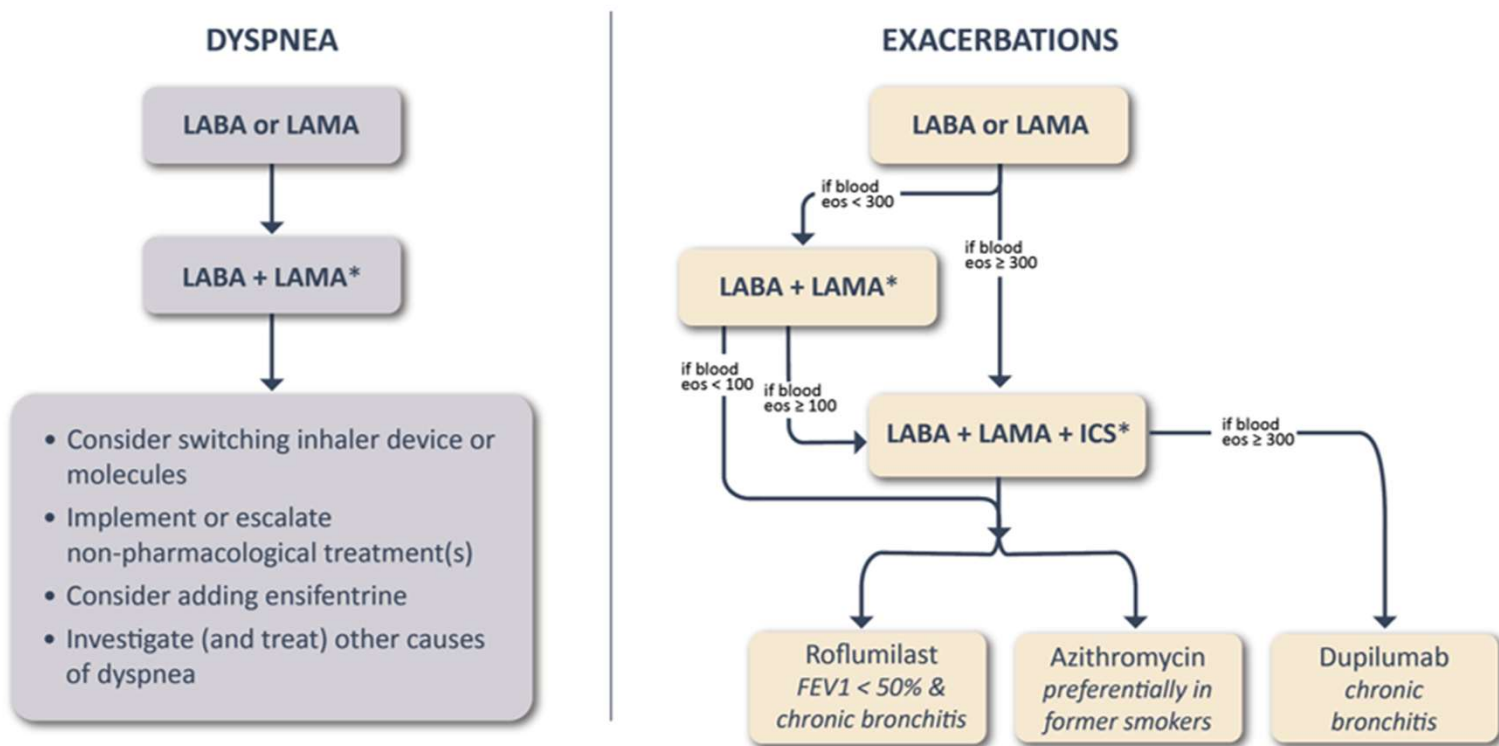


Initial Pharmacologic Treatment



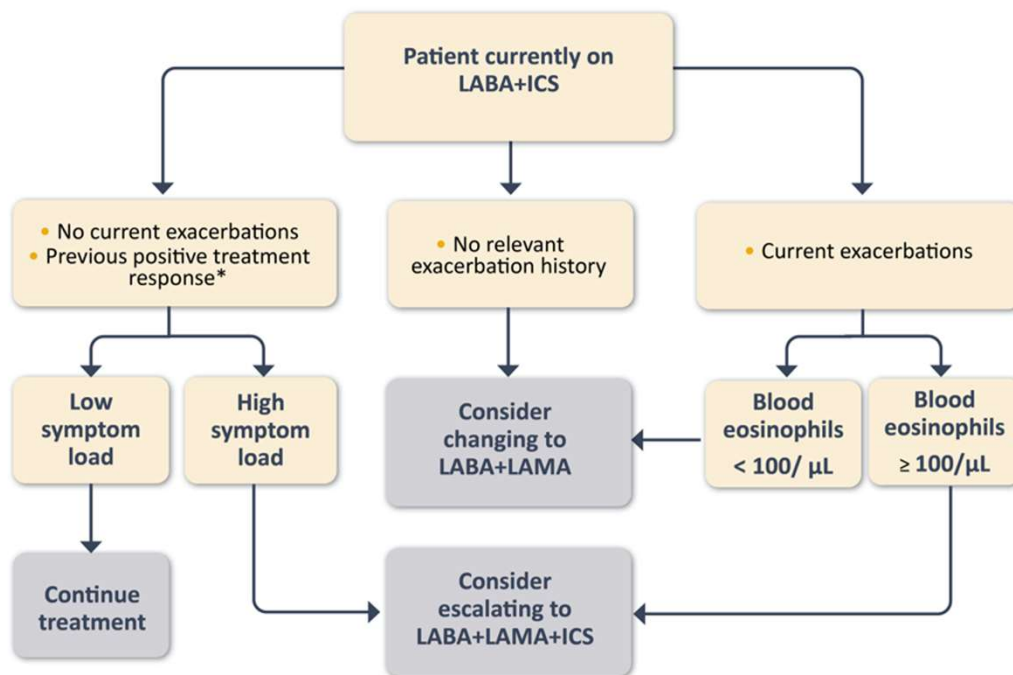
*Single inhaler therapy may be more convenient and effective than multiple inhalers; single inhalers improve adherence to treatment
 Exacerbations refer to the number of exacerbations per year

Follow-up Pharmacologic Treatment



*Single inhaler therapy may be more convenient and effective than multiple inhalers; single inhalers improve adherence to treatment. Consider de-escalation of ICS if pneumonia or other considerable side-effects. In case of blood eos ≥ 300 cells/ μL de-escalation is more likely to be associated with the development of exacerbations. Exacerbations refer to the number of exacerbations per year.

Management of Patients Currently on LABA + ICS



*Patient previously had exacerbations and responded to LABA + ICS treatment

Abbreviations
 CAT™ = COPD Assessment Test™; COPD = chronic obstructive pulmonary disease; eos = blood eosinophil count in cells per microliter; FEV₁ = forced expiratory volume in 1 second; FVC = forced vital capacity; ICS = inhaled corticosteroid; LABA = long-acting beta₂-agonist; LAMA = long-acting muscarinic antagonist; mMRC = modified Medical Research Council dyspnea questionnaire.

Reference
 Global Initiative for Chronic Obstructive Lung Disease (GOLD). Global strategy for the diagnosis, management, and prevention of COPD (2025 report). GOLD website. Accessed November 18, 2024. <https://goldcopd.org/2025-gold-report/>