



TEXAS ACADEMY *of* FAMILY PHYSICIANS FOUNDATION

ANNUAL REPORT 2023

MISSION: The Texas Academy of Family Physicians Foundation is the philanthropic arm of the Texas Academy of Family Physicians and is organized for scientific and educational purposes in support of the medical specialty of family medicine and for the advancement of the health and well-being of patients.

The TAFP Foundation focuses its work on two strategic areas – practice-based primary care research and supporting the next generation of family physicians. Through the generous support of individual donors and TAFP, we provide scholarships, travel funding, research grants, funding for family medicine interest groups, and research poster competition prizes.

As with everything else in our world, we experienced major disruption starting in 2020. Travel stopped, live meetings with fundraising opportunities transitioned to virtual, and our donors experienced an incredibly stressful year in their lives and practices. The TAFP Foundation weathered the storm and rose to the challenge supporting student and resident participation in virtual meetings. In 2023, our activities were back to pre-pandemic levels.

PRACTICE-BASED PRIMARY CARE RESEARCH

The research grant program through the TAFP Foundation began in 1988 and continues to thrive. Twice a year, proposals for research grants are accepted and many are funded. Nearly \$700,000 has been awarded in small grants and many of the projects go on to be published or expanded into larger studies. In 2023, research on reducing the use of antibiotics without a prescription, group visits for diabetic patients, preferences and attitudes towards telehealth were among the projects approved for funding. Grant recipients are encouraged to share their research at TAFP CME events in didactic lectures and poster presentations. The TAFP Foundation also supports the prizes for the annual research poster competition held at TAFP's Annual Session and Primary Care Summit.

FAMILY MEDICINE RESIDENTS

The Foundation recognizes residents as the future leaders in family medicine and provides funding to help them attend family medicine meetings. There are also scholarships for residents to present research at national meetings, an advocacy scholarship, and a few that recognize excellence at individual residency programs.

In 2020, the TAFP Foundation launched a new program for residents – Texas Family Medicine Scholars. The multi-year scholarship program was established to provide generous financial support and leadership development to one resident each year to build the next generation of leaders for family medicine. In 2022, the program was expanded to include two residents per year.

MEDICAL STUDENTS: THE CORE OF OUR WORK

The majority of funds expended each year are devoted to medical students. Supporting and encouraging their interest in family medicine has always been a fundamental part of the TAFP Foundation's work. As the state's population swells at both ends of the age spectrum, the need for primary care physicians has never been greater.

Much of our funding is devoted to in-person activities including travel funding to attend conferences and funding for family medicine interest groups at each of the medical schools. These activities are opportunities to spark interest in family medicine. In 2024, TAFP has a new conference just for medical students and residents, and the TAFP Foundation has committed to funding students from each medical school and residents from every program to attend.

In the early 1990s, the TAFP Foundation embarked on a quest to build scholarships for medical students interested in family medicine. Since then, student debt levels have dramatically increased, and our total scholarship dollars awarded is now more than \$480,000. The scholarships are all fully endowed so that they will continue in perpetuity to be a method of supporting future family physicians.

Our newest scholarship honors Dr. Linda M. Siy of Fort Worth and was awarded for the first time this year. Dr. Siy is the President of the TAFP Foundation, past TAFP President, past Tarrant County Medical Society President, and the 2022-23 Texas Family Physician of the Year. Colleagues, family, and friends contributed to fund the scholarship to the minimum level in just six months.

These fantastic programs are only possible through the support of members like you. As the TAFP Foundation continues to support and encourage the next generation of family physicians, we remain clear and focused on why we do what we do.

HIGHLIGHTS FROM 2023

- More than \$40,000 in scholarships were awarded to students and residents across the state.
- Research grant funding was awarded to a variety of projects on timely topics such as telehealth and new ways of treating diabetes.
- The TAFP Foundation collected over \$39,000 in monthly donations from TAFP members, staff, and friends in 2023.
- The TAFP Foundation Board of Trustees set a goal of funding more than \$100,000 in travel funding in the 2024 fiscal year.



The TAFP Foundation's monetary support was crucial to my participation while I was a student and resident leader. After seeing firsthand the fantastic work of the Foundation, there was never a doubt in my mind that I needed to do my part to support and empower the next generation's leaders.

— Jake Margo, Jr., MD, TAFP past president and monthly donor since 2005

FINANCES

STATEMENT OF FINANCIAL POSITION

(as of 8/31/2023)

CURRENT ASSETS

Cash	\$99,993
Investments	\$3,212,291
Receivables	\$1,340
Total assets	\$3,313,624

LIABILITIES AND NET ASSETS

Total liabilities	\$5,787
Net assets	
Without donor restrictions	\$828,549
With donor restrictions	\$2,479,288
Total liabilities and net assets	\$3,313,624

STATEMENT OF ACTIVITIES

Revenues

Donations	\$117,305
TAFP grant	\$80,000
Investment return	\$54,076
Fundraising event	\$10,950
Miscellaneous income	\$239

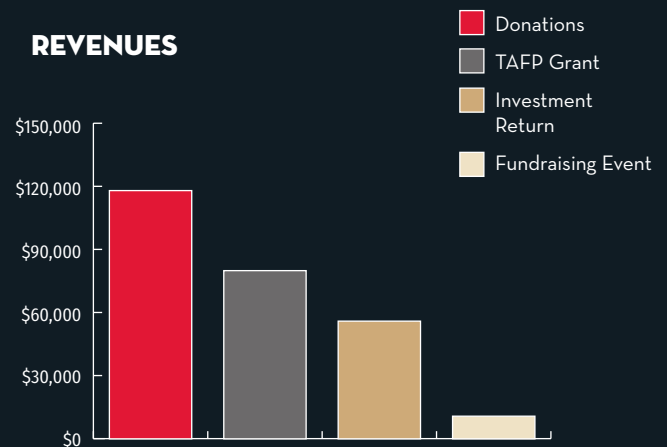
Total revenues **\$262,570**

Expenses

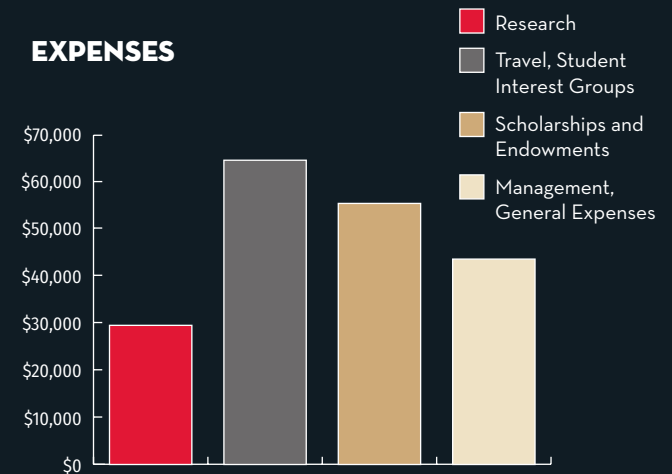
Research	\$29,290
Travel and student interest groups	\$64,326
Scholarships and endowments	\$56,766
Fundraising, management and general	\$42,636

Total expenses **\$193,018**

REVENUES



EXPENSES



2023 TAFP Foundation donors

★ = TAFP Foundation monthly donor

Blue Cross and Blue Shield of Texas
Catalyst Health Network
Kelsey-Seybold Clinic
Texas Health Resources
Texas Medical Association
Texas Medical Liability Trust
Texas Organization of Rural and Community Hospitals

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★ Tove M. Goldson, MD, PhD
Hilda B. Gonzalez-Saenz, MD

Thank you to these 2020 TAFP Foundation donors, whose contributions fund scholarships for Texas medical students, family medicine research grants, and travel scholarships for residents to attend continuing professional development activities.

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- Pedro Ruey Ming Yen, MD
- ★ Robert Youens, MD
- ★ Richard A. Young, MD
- Beverly A. Zavaleta, MD
- Yanqiu Zhao, MD

TAFP Foundation Endowed Funds

Medical Student Scholarships

- | | |
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| Nancy Dickey, MD, Medical Student Scholarship | Edwin L. Mueller, MD, Medical Student Scholarship |
| Roland Goertz, MD, Leadership Scholarship | Dr. David Pillow Scholarship in Honor of 2001 TAFP President Justin Bartos, MD |
| Glen Johnson, MD, Minority Medical Student Scholarship | Norma Porres, MD, and Felipe Porres, MD, Medical Student Scholarship |
| Weldon G. Kolb, MD, Medical Student Scholarship | S. Perry Post, MD, Medical Student Scholarship |
| Arnold N. Krause, MD, Medical Student Scholarship | Harold T. Pruessner, MD, Medical Student Scholarship |
| Minnie Lee Lancaster, MD, and Edgar Lancaster, MD, Medical Student Scholarship | William F. Ross, MD, Medical Student Scholarship |
| Patrick Leung, MD, Medical Student Scholarship | Linda M. Siy, MD, Medical Student Scholarship |
| Leah Raye Mabry, MD, Scholarship | South Texas Chapter Medical Student Scholarship |
| C. Ted Mettetal, MD, Medical Student Scholarship | Valley Chapter Medical Student Scholarship |

Resident Scholarships

- | | |
|-------------------------------------|--|
| Henry J. Boehm Jr., MD, Scholarship | James Martin, MD, Scholarship |
| Seth Cowan, MD, Scholarship | Cassie Murphy-Cullen, PhD, Scholarship |
| Cecil M. French, MD, Scholarship | Sam Nixon, MD, Leadership Scholarship |
| Richard B. Hartin, MD, Scholarship | Philip Thorek, MD, Scholarship |

Student Interest Endowment

Gold Level

Lewis Foxhall, MD, Student Interest Fund

Silver Level

Douglas Benold, MD, Student Interest Fund

Carol and Dale Moquist, MD, Student Interest Fund

Sam Stone Student Interest Fund

Bronze Level

Dallas Coate, MD, Student Interest Fund

Research Endowment

Gold Level

Richard Garrison, MD, Research Fund
 David Katerndahl, MD, Research Fund
 Jim and Karen White Research Fund

Silver Level

Carol and Dale Moquist, MD, Research Fund
 Red River Chapter Research Fund

Bronze Level

Joane Baumer, MD, Research Fund
 Gary Mennie, MD, Research Fund
 Linda Siy, MD, Research Fund
 Lloyd Van Winkle, MD, Research Fund
 George Zenner, MD, Research Fund

Resident Leadership Endowment

Gold Level

Blue Cross and Blue Shield of Texas